

Redeemer Review

The Episcopal Church of the Redeemer

May, 2007

From the Vicar

Thank you to everyone for making Easter, 2007 a true celebration of New Life! I can't believe that May has come again, and with it budding thoughts of summer. Redeemer will greet the season with a fresh spirit. Beginning Friday, May 4 at 1 p.m. and continuing for six weeks, Catherine Keyes-Guichard will offer us a chance to practice yoga in the sanctuary. Yoga is not just a healthy way of being in the body, it is a practice of connecting ourselves fully into our being. Catherine grew up in Tiburon and although she now lives in France, she has spent the past year in Marin with daughter Gabrielle, exploring their American heritage. Catherine has studied yoga for fourteen years. Her classes will combine body work, meditation and reflection. More details can be found elsewhere in the *Review*. Please join us!

After our March celebration of Mother Earth, in May we take time again to celebrate Mother, this time our own, on Mothers' Day. We will have our usual Mom Bash on Sunday, May 13th, with flowers at both services. In the same spirit, you might also want to join the Moms in Motion group which will meet at Billie Barbash's home, May 31, at 12:30 p.m. Bring a bag lunch and let Billie know you're coming. Moms in Motion is strictly for fun, restoration and rejuvenation!

Looking ahead to June, once school is done, we will relax as well. Starting on Father's Day, June 17th, we will shift to a new Summer Worship Schedule. There will be one main service at 10 a.m. with music, interactive prayers and a hands-on look at the power of story in the Bible. This service is designed to be for all ages and will invite your participation at many different levels. After worship, we will have an extended coffee hour and a chance to be together in a relaxed, welcoming setting. And who knows? We might even do some fun things together during the summer like a hike in China Camp, a neighborhood beach clean-up, or a kayak outing.

But that's not all. For those of us who are of a more meditative bent, I will offer a greet-the-day Contemplative Eucharist, Sundays at 8 a.m., also beginning on June 17th. This service will feature silent and healing prayer, lectio divina, silence, and Holy Communion.

Meanwhile, enjoy the wonderful weather that the end of spring bestows, don't let the whirlwind of the end of school overwhelm, and know above all things that God loves you more than any of us can begin to imagine.

Your friend in Christ,

Rev. Carol +

SENIOR WARDEN'S LETTER

Spring Clean Up day

Many thanks to all who worked to make our grounds look welcoming for Easter Day: John Chung, Rudy Erler, Linda Fox, Kim and Erica Johnson.

Special thanks must go to the Blanks (who worked on two different days), the Burton "boys" who also brought along their friends (6 or 7!), and the entire Kennison family.

Together we pulled weeds, planted new plants, trimmed back established plants - the Burtons were the strong guys who moved all the rocks from around the tree that fell last winter. Thanks to them we now can get the stump ground out.

Watering our plants and trees

We have soaker hoses to all of our planted areas (except the trees) - we need volunteers to water the borders, trees and planted area around the sign twice a week. Would you share this job? **Call Sue at 454-4115 if you would do this one time a week for the summer season.**

CONGREGATIONAL CYCLE OF PRAYER

May 6: We give thanks for all our acolytes who bring such grace and sparkle to our services.

May 13: We pray for our mothers and all mothers everywhere.

May 20: We give thanks for all our Eucharistic Ministers.

May 27: On Pentecost, we give thanks for all our Lectors who bring God's word to life.



YOGA COMES TO REDEEMER

Yawnin' Yoga with Catherine Keyes-Guichard:

For six Fridays, beginning on May 4th at 1 p.m., Marin native and yoga instructor Catherine Keyes-Guichard will lead us in a gentle practice of Yoga postures, meditation and teaching. Please bring your own mat and meditation cushion or thick towel or blue camping mat. Catherine, who now lives in France, has practiced Yoga for fourteen years, according to two lineages which she describes as "a combination of will and mindfulness." (Donations gratefully accepted.)



Healing Mondays

I'm still praying for our many friends and family members who are facing life threatening illnesses, and invite you to join me every Monday at 10:00am when I open the church for a formal hour of healing prayer. If you or someone you love wants to be prayed for, please put the names into our prayer basket. You may come and pray with me or have laying on of hands for yourself or another. If no one shows up, you still know that for that one hour I will be doing nothing but praying for healing. This is a totally spontaneous and spirit filled ministry for those who feel called to the ministry of healing prayer, whether for an hour, a week, a month or forever.



SAINTS AND ANGELS

We give thanks for these parishioners who have given of their time, treasure and talents:

Many, many thanks to all of you whose love and work made our Easter a time of real new life and renewal. The flower cross has never been more beautiful. Thanks again to Rudy Erler for building it, Eileen Erler for setting up the flower mesh and Bob Burton for photographing it and all the festivity of Easter Day!

Thanks to the members of the Bishop's Committee for all your hard work on growth and mission.

Thanks to all the members of the Altar Guild who gave extra time and effort setting up for many extra services and making the Church sparkle.

Thanks to everyone who helped on our April 7th Work Day, especially Andrew, Chris and Steve Burton, Nick Cassettari and Nicky DiMartini who did the hard rock work so that we can clear our tree stump. Thanks to John Chung for coordinating the day and bringing soil and his truck. Thanks to participants Linda Fox, Glenn, Julie and Haley Godbold, Sue Clark, Kim and Erika Johnson, and Rudy Erler.

Many thanks to the whole Burton Clan with help from Danny Smilie and Nick Cassettari for a fabulous Easter Egg Hunt!

WEDNESDAY'S WOMEN'S BOOKCLUB

The hostess provides drinks and dessert.
**Attendees should bring a sandwich and
RSVP to the hostess each month.**

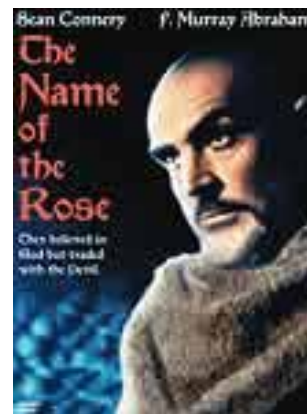
May 9th: *Field Notes from a Catastrophe*, by Elizabeth Kolbert; Rev. Carol hosting at Betty Baird's home (457-8543) at noon.

June 13th: *The Year of Magical Thinking*, by Joan Didion; at Cindy Smith's home (456-1733) at noon.

REDEEMER FILM FESTIVAL

Our next film festival evening will be Friday, May 11th at 7:00 p.m. We'll be watching:

“the classic tale of murder, mystery and monastic skullduggery, *The Name of the Rose*, starring Sean Connery as the inimitable Franciscan Friar William of Baskerville. Rather like the Middle Ages which had some difficulties with the boundaries of sex and/or violence, this film is rated R.”

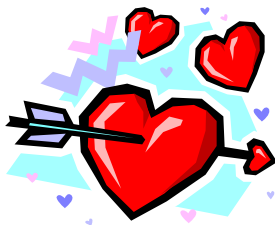


Family fare will return in June with *Inherit the Wind*, the classic drama about the Scopes “Monkey” Trial.



MAY BIRTHDAYS

- 5 Eric Johnson
- 6 Laura Skubecz
- 8 Ann Zolezzi
- 13 Kathryn Kennedy
- 13 Andrew Burton
- 16 Joe Curtis
- 18 Danielle Scullon-Baer
- 19 John Chung
- 20 Steven Burton
- 21 Ryan Erler
- 28 Glenn Godbold
- 29 Rich Atkinson
- 29 Dominic Minton



MAY ANNIVERSARIES:

- 17 Tom & Robin Jereb 1992
- 25 Rick & Laura Skubecz 1993

PANCAKE BREAKFAST



Coming June 16th!

Watch for further information. . .

Another note from the editor – (Cathy Kirk)

Would you be interested in joining 13 other parish families and receive the *Redeemer Review* by e-mail instead of snail-mail? If so, please drop me a note by e-mail, - kindel.odie@comcast.net - and I will switch you over. This is a great way to see all the graphics in COLOR (like the balloons, hearts and hungry-for-pancakes guys on this page) and will, of course, cut back on our printing and mailing expenses.

Calling All Moms!

We are reviving the Moms In Motion Group, on the last Thursday of every month, but in a slightly different format. We will meet together for lunch at 12:30 at my house - 32 Castlewood Drive. Please bring whatever you'd like to eat, drink or share, but you must promise not to look around *too* closely, just in case my boys have *messed up* more than I was able to *clean up*, before you arrive! Lastly, this is purely a social, supportive group for extremely busy Moms to get together, brag, complain and ask advise from other Moms. It is not intended to be deeply spiritual or even thought provoking - just lots of fun. So if you're a Mom of a toddler, teenager, bubble-gummer or even a *grown-up* and would like to hang out with other Moms, come join us! If you can't make it this time, plan to come next **month on the last Thursday - same time - same place!** I hope I see you there!
Billie



THANK YOU FOR SUPPORTING OUR YOUTH!

The 30 Hour Famine was incredible! Thanks to Cody Blank, Ryan Erler, Alexander Kennison, Sierra Kennison, Jessica Luiz, Claire Poulos, and Ali Thomason who bravely went without food and offered their hearts and service to the world's poor and hungry. Thanks to all of you who contributed funds and food at the end.

MAY YOUTH CALENDAR

Saturday, May 5th: BUILDING THE BELOVED COMMUNITY, at Grace Cathedral, 9-3. Conference will feature amazing opportunities for youth to vision, create, and hang out with Bishop Marc who loves young people.

Friday, May 18th – 7 p.m. Floating Friday End of School Celebration.

Sunday, May 20th – 5 p.m. Wild Young Caribou End of School Celebration.

Saturday, June 16th – Pancake Breakfast Fundraiser for Redeemer Youth 2008 Trip.

BUILDING THE BELOVED COMMUNITY:

Gather your companions in ministry—lay and ordained—to worship, learn and dream the Christian community we are building. The 2007 Visioning Conference is your opportunity to play an integral part in the strategic planning process for the Diocese of California, which integrates Christian faith with practices of justice for humanity and the earth.

This is a day for big dreams. In the morning, Bishop Marc Andrus will set the stage for the day, and we

will have a chance to use and reflect on the new planning methods in small groups. In the afternoon the whole Cathedral Close will be our canvas for interpreting our dreams for the diocese in word, music, artwork, dance, walking the labyrinth or contemplative prayer.

All day long, enjoy the music of [Jesse Manibusan](#) and the artwork of [the Keiskamma altarpiece](#). Ministry opportunities for children and youth will be integrated throughout the program. So bring a congregational team—your own Christian community of all ages and stages—and prepare to be renewed in mind and ministry.

- 8:30–9:00 Check-in
- 9:00–10:00 Liturgy/Bishop's address
- 10:15–11:45 Small group discussions
- 12:00–1:00 Lunch on the Plaza
- 1:00–2:45 Reflection activities
- 3:00–4:00 Liturgy/Commission

Conference registration is open until May 1. Cost is \$25. [Register online](#) at:

<http://www.acteva.com/booking.cfm?bevalID=131076>

Please note that the deadline for the June *Redeemer Review* is **Monday, May 21st**. Any submissions after that date *might not* be included! Please e-mail your news to me at: kindel.odie@comcast.net

Pacific Center for Spiritual Formation

p r e s e n t s

God's Healing Gift:

An Introduction to the Contemplative Dimension of Healing Prayer

A Retreat Workshop Led by Dr. Francis Geddes and Ann Geddes

July 8 – 13, 2007

Wellspring Renewal Center, Philo, California

This residential retreat begins with instruction on contemplative prayer, the foundation for the healing work that will be presented in this workshop. The retreat is limited to 15 participants and is not intended for personal healing, but is training for those interested in the ministry of healing and wholeness. The purpose of this training is to develop the latent, God-given healing ability that everyone has. In the training, participants learn ten spiritual exercises that focus the attention in a very concentrated way and access inner imagery. The exercises are drawn from Christian, Jewish, Eastern, and Native American traditions and are designed to enable one to work with inner imagery that will serve as a metaphorical bridge between the ill person, the healer and God or Christ. This imagery prayer for healing is based on a model developed by Lawrence LeShan, Ph.D. Suggested Reading: *Healing Words, The Power of Prayer and the Practice of Medicine* by Larry Dossey, M.D.

Francis Geddes is a retired United Church of Christ minister and retired spiritual director at the San Francisco Theological Seminary in San Anselmo, California. Ann Geddes has taught yoga as spiritual practice and was director of the Solar Yoga Center in Brooklyn, New York. For information on the content of the retreat, call Francis at (707) 579-6726 or e-mail, Francis.Geddes@Stanfordalumni.org

LOCATION: Wellspring Renewal Center, Philo, Mendocino County. Cost includes tuition, board, and room: Improved cabin (two to a room), \$550; Rustic or tent cabin (bathroom in bath house), \$440; camping, \$390. Deposit of \$150 required. Some partial scholarships available. **Registration limited to 15 persons. Enroll Early, avoid the Wait List.** Retreat begins with Sunday supper, closes Friday with lunch.

Mail registration form to: Pacific Center for Spiritual Formation, Box 111, 2115 Van Ness Ave., San Francisco, CA 94109-2510. Registration Info: (415) 383-1552 (Do not mail this form to Francis Geddes)

REGISTRATION God's Healing Gift Retreat July 8-13, 2007

(Please Print)

Name _____ Phone (____) _____ e-mail _____

Address _____ City _____ State ____ Zip _____

Please Check: Improved Cabin__ Rustic Cabin__ Tent Cabin__ Camping__

\$150 Deposit enclosed (or full amount) \$ _____ Make checks to P.C.S.F. Today's date _____

May

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		1	2 10:30 Bible Study	3	4 1 p.m. Yawnin Yoga	5 9 am – 4 p.m. <i>Building the Beloved Community,</i> Visioning Day at Grace Cathedral
6 Music Recital 12:30 – 6 p.m.	7 4 p.m. Children's Mandarin lessons 7 p.m. Bishop's Committee	8 DREAMS	9 10:30 Bible Study	10	11 1 p.m. Yawnin Yoga 7 p.m. Redeemer Film Festival: <i>The Name of the Rose</i> , Rated R	12
13 Mothers' Day	14 4 p.m. Children's Mandarin lessons	15	16 10:30 Bible Study	17	18 1 p.m. Yawnin Yoga 7 p.m. Floating Friday	19
20 5 p.m. Wild Young Caribou	21 4 p.m. Children's Mandarin lessons 7 p.m. Marin Deanery, St. John's Ross	22 DREAMS	23 10:30 Bible Study	24	25 1 p.m. Yawnin Yoga	26
27 The Day of Pentecost	28 MEMORIAL DAY CHURCH OFFICE CLOSED	29	30 10:30 Bible Study	31		

2007

Episcopal Church of the Redeemer Schedule of Services – MAY/JUNE 2007

Date	Lay Minister	Acolyte	Altar Guild	Lessons & Psalm	Lay Reader	Coffee Hour Host	Service Host
MAY 6 5th Sunday of Easter	9:15 Terri L. 10:30 Gail S.	9:15 Susan P. & Carly C. 10:30 Alex K.	Eileen Erler Barbara Smilie	Acts 11:1-18 Psalm 148 Revelation 21:1-6 John 13:31-35	10:30 Sue Clark	9:15 Skubecz 10:30 S. Clark	9:15 Poulos 10:30 Anderson/ Zand
MAY 13 6th Sunday of Easter MothersDay	9:15 Liesje B. 10:30 Cathy K.	9:15 Erika J. & Cody B. 10:30 Aaron C.	Julie Cassettari Cindy Smith	Acts 16:9-15 Psalm 67 Revlatn.21:10,22-22:5 John 14:23-29	10:30 Julie Cassettari	9:15 Johnson 10:30 Kirk	9:15 Kennedy 10:30 Loudon
MAY 20 7th Sunday of Easter	9:15 Paula Z. 10:30 Joan W.	9:15 Sierra K. & Cat. T. 10:30 Alex K.	Sallie Wood Joan Westmoreland	Acts 16:16-34 Psalm 97 Revelation 22:12-14, 16-17,20-21 John 17:20-26	10:30 Gail Spencer	9:15 Baird 10:30 Hamady	9:15 Ortega/ Kennison 10:30 Zolezzi
MAY 27 The Day of Pentecost	9:15 Rich A. 10:30 Terri L.	9:15 Meg. N. & Steve B. 10:30 Mike P.	Cathy Kirk Cindy Smith	Genesis 11:1-9 Psalm 104:25-35,37 Acts 2:1-21 John 14:8-17, 25-27	10:30 Cindy Smith	9:15 Poulos 10:30 Zolezzi	9:15 Nakamura 10:30 Smith
JUNE 3 1st Sunday/ Pentecost Trinity Sun.	9:15 Cathy K. 10:30 Paula Z.	9:15 Aaron C. & Carly C. 10:30 Jessica L.	Eileen Erler Barbara Smilie	Proverbs 8:1-4, 22-31 Psalm 8 Romans 5:1-5 John 16:12-15	10:30 Jay Luther	9:15 Erler 10:30 Anderson/ Zand	9:15 Chiarolla 10:30 S. Clark
JUNE 10 2nd Sunday after Pentecost	9:15 Liesje B. 10:30 John W.	9:15 Ali T. & Cat T. 10:30 Cody B.	Julie Cassettari Ann Zolezzi	1 Kings 17:17-24 Psalm 30 Galatians 1:11-24 Luke 7:11-17	10:30 Julie Cassettari	9.15 Joyce 10.30 Zolezzi	9:15 Thomason 10:30 Cassettari
JUNE 17 3rd Sunday/ Pentecost Fathers Day	<u>ONE SERVICE</u> 10:00 Sallie W.	10:00 Griffon E. & Mike P.	Sallie Wood Joan Westmoreland	2 Samuel 11:26-12:10, 13-15 Psalm 32 Luke 7:36-8:3	10:00 Jay Luther	10:00 Gerlach/ Moreira & S. Clark	10:00 English
JUNE 24 4th Sunday after Pentecost	<u>ONE SERVICE</u> 10:00 Gail S.	10:00 Lauren S. & Jessica L.	Cathy Kirk Cindy Smith	1 Kings 19:1-4,(5-7), 8-15a Psalm 42 and 43 Luke 8:26-39	10:30 Sallie Wood	10:00 Godbold & Smith	10:00 Poulos

9:15 & 10:30 COFFEE HOUR HOSTS please bring fruit, cheese or a savory snack, set up coffee/juice and clean up.

9:15 SERVICE HOST also please bring a snack (10:30 SERVICE HOST/ no food)

PLEASE GET YOUR OWN REPLACEMENT IF YOU CANNOT MAKE YOUR ASSIGNMENT – THANK YOU!

Please call Ann Zolezzi at 454-4337 with any changes to this schedule.

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Phone and Fax: 415-456-0508
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Vicar	Rev. Carol Luther	456-0508
Sr. Warden	Sue Clark	454-4115
Jr. Warden	John Chung	453-8244
Clerk	Betsy Nakamura	459-4525
Treasurer	Linda Fox	453-9412
Altar Guild	Cindy Smith	456-1733
Musician	Jay Wayne	897-0221
Newsletter	Cathy Kirk	457-3841

REDEEMER SERVICE CALENDAR
SUNDAY SERVICES

9:15 Kids' Church for children and their families
10:30 Holy Communion with music

Healing prayers are offered at the left hand of the altar rail at the end of each service

WEDNESDAY BIBLE STUDY 10:30-NOON